

2019  
NMM Library New Book List

1. Aging as a Spiritual Practice: A Contemplative Guide to Growing Older and Wiser By Lewis Richmond
2. \*Alphabreaths: The ABC's of Mindful Breathing by Christopher Willard, PsyD
3. The Art of Simple Living: 100 Daily Practices from a Japanese Zen Monk for a Lifetime of Calm and Joy by Shunmyo Masuno
4. Born Just Right by Jordan Reeves
5. Braving the Wilderness by Brene Brown
6. Dismantling the Racism Machine by Karen Gaffney
7. Drawdown: The Most Comprehensive Plan Ever Proposed to Reverse Global Warming by Paul Hawken
8. God of Love: A Guide to the Heart of Judaism, Christianity and Islam by Mirabal Starr
9. The Grace in Dying: How we are Transformed Spiritually as We Die by Kathleen D. Singh
10. The Green Burial Guidebook: Everything you Need to Plan an Affordable, Environmentally Friendly Burial by Elizabeth Fournier
11. A Guide to Gender: The Social Justice Advocate's Handbook by Sam Killermann
12. \*I Can Do Hard Things: Mindful Affirmations for Kids by Gabi Garcia
13. \*I Can Handle It! By Laurie Wright
14. \*The Juice Box Bully: Empowering Kids to Stand Up for Others by Bob Sornson & Maria Dismondy
15. \*My Strong Mind: A Story about Developing Mental Strength by Niels van Hove
16. Peace is Every Step: The Path of Mindfulness in Everyday Life by Thich Nhat Hanh
17. The Person you Mean to Be: How Good People Fight Bias
18. Plastic-Free: How I Kicked the Plastic Habit and How You Can Too by Beth Terry
19. Presence and Process: A Path Toward Transformative Faith and Inclusive Community by Daniel P. Coleman
20. \*Say Something! By Peter H. Reynolds
21. Silent Spring by Rachel Carson
22. Slavery by Another Name: The Re-Enslavement of Black Americans from the Civil War to World War II, by Douglas A. Blackmon
23. Troublemaker for Justice: The Story of Bayard Rustin, the Man Behind the March on Washington by Jacqueline Houtman.
24. Zero Waste: Simple Life Hacks to Drastically Reduce your Trash by Shia Su
25. Zero Waste Home: The Ultimate Guide to Simplifying Your Life by Reducing Your Waste by Bea Johnson

26. Pendle Hill Pamphlet #425 "The Light Within: Then and Now

\* Indicates Children's book.