2019
NMM Library New Book List

1. Aging as a Spiritual Practice: A Contemplative Guide to Growing Older and Wiser by Lewis Richmond
2. *Alphabreaths: The ABC’s of Mindful Breathing* by Christopher Willard, PsyD
4. Born Just Right by Jordan Reeves
5. Braving the Wilderness by Brene Brown
6. Dismantling the Racism Machine by Karen Gaffney
8. God of Love: A Guide to the Heart of Judaism, Christianity and Islam by Mirabal Starr
9. The Grace in Dying: How we are Transformed Spiritually as We Die by Kathleen D. Singh
10. The Green Burial Guidebook: Everything you Need to Plan an Affordable, Environmentally Friendly Burial by Elizabeth Fournier
12. *I Can Do Hard Things: Mindful Affirmations for Kids* by Gabi Garcia
13. *I Can Handle It!* by Laurie Wright
14. *The Juice Box Bully: Empowering Kids to Stand Up for Others* by Bob Sornson & Maria Dismondy
15. *My Strong Mind: A Story about Developing Mental Strength* by Niels van Hove
16. Peace is Every Step: The Path of Mindfulness in Everyday Life by Thich Nhat Hanh
17. The Person you Mean to Be: How Good People Fight Bias
18. Plastic-Free: How I Kicked the Plastic Habit and How You Can Too by Beth Terry
19. Presence and Process: A Path Toward Transformative Faith and Inclusive Community by Daniel P. Coleman
20. *Say Something!* by Peter H. Reynolds
21. Silent Spring by Rachel Carson
22. Slavery by Another Name: The Re-Enslavement of Black Americans from the Civil War to World War II, by Douglas A. Blackmon
23. Troublemaker for Justice: The Story of Bayard Rustin, the Man Behind the March on Washington by Jacqueline Houtman.
24. Zero Waste: Simple Life Hacks to Drastically Reduce your Trash by Shia Su
26. Pendle Hill Pamphlet #425 “The Light Within: Then and Now

* Indicates Children’s book.